



# Paedodontic Society of South Africa

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## Let me ask you Doc?

### What should I do if my child has toothache?

by Dr Janet Lynn Gritzman BA BDS(Wits) (President of the Paedodontic Society of S.A.)



- Rinse the mouth with warm salt water.
- Place a cold compress on the face if it is swollen.
- Give the child paracetamol (Panado) for pain.
- Do Not – place aspirin on the teeth or gums.
- Visit the dentist as soon as possible